

HYDROTHERAPY FOR CHRONIC DISEASES

One-day accredited course



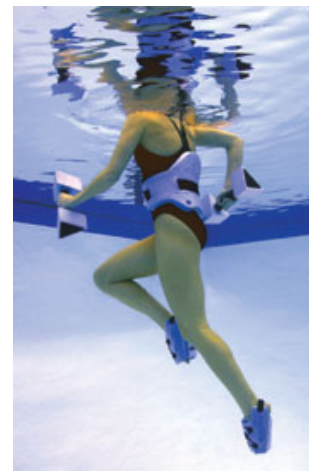
This one-day theory and practical course is designed for Physio's & exercise science professionals working with chronic disease clients in the aquatic therapy environment.

Topics include:

History; Physics; Physiology; Chemistry; Chronic disease conditions; Research; Benefits; Exercise principles and prescription; Progression; Equipment; Techniques; Management; Screening; Precautions; Safety; Staffing; Documentation and outcome measures

Michael Warburton is a Physiotherapist and Exercise Scientist and is the Principal of Gateway Physiotherapy. He has 25-years experience providing hydrotherapy services to a wide range of client groups including chronic diseases, musculoskeletal conditions, complex disabilities and sports.

Michael is a full member of APA, ESSA, ASCA and the National Physiotherapy aquatic group



Michael Warburton
Physiotherapist and Accredited Exercise Scientist